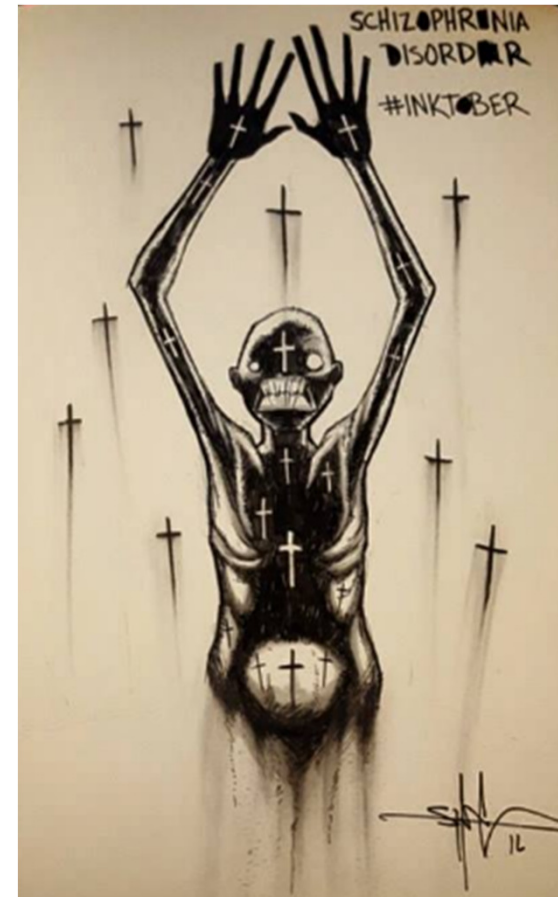


Diagnosis

**The Gamification of Mental Illness
by Haider Ali Shishmahal**

Schizoaffective disorder

An uninterrupted period of illness during which there is a major mood episode (major depressive or manic) concurrent with **Criterion A** of schizophrenia. (DSM 5)



Childhood Trauma

Childhood trauma increases likelihood of developing later mental illness and may reduce the size of Hippocampus as well as increase production of Cortisol (stress chemical).



Growing up



Heart-Break



Becoming Clean



Depression



Bi-Polar



Recovery

The Caravan of Life

Karwan-e- Hayat



Harvard and PTSD



Harvard

Graduate School
of Education

Stigma



Schizoaffective disorder



How common is mental illness?

1 in every 4 people



Diagnosis



Video