

PARALLEL PERSONALITIES – THEY & I ARE THE SAME

I fear having to lie,

I fear getting caught,

I fear the hornet I fear the hawk,

I fear they will find me; I fear they will not.

They fear the judgment,

They fear the talk,

They fear sharing their ideas,

They fear the world will balk.

I fear being taken advantage of,

I fear I am meek,

I fear falling or being rejected,

I fear they will know I am weak.

They fear making mistakes,

They fear disappointing a loved one,

They fear referring to themselves in first person,

They fear coming undone.

I fear being lost in the present,

I fear the future I fear the past,

I fear this will all end;

I fear that this will last.

MORE THAN **1,000,000,000** PEOPLE + AROUND THE WORLD



LIVE WITH DISABILITIES.





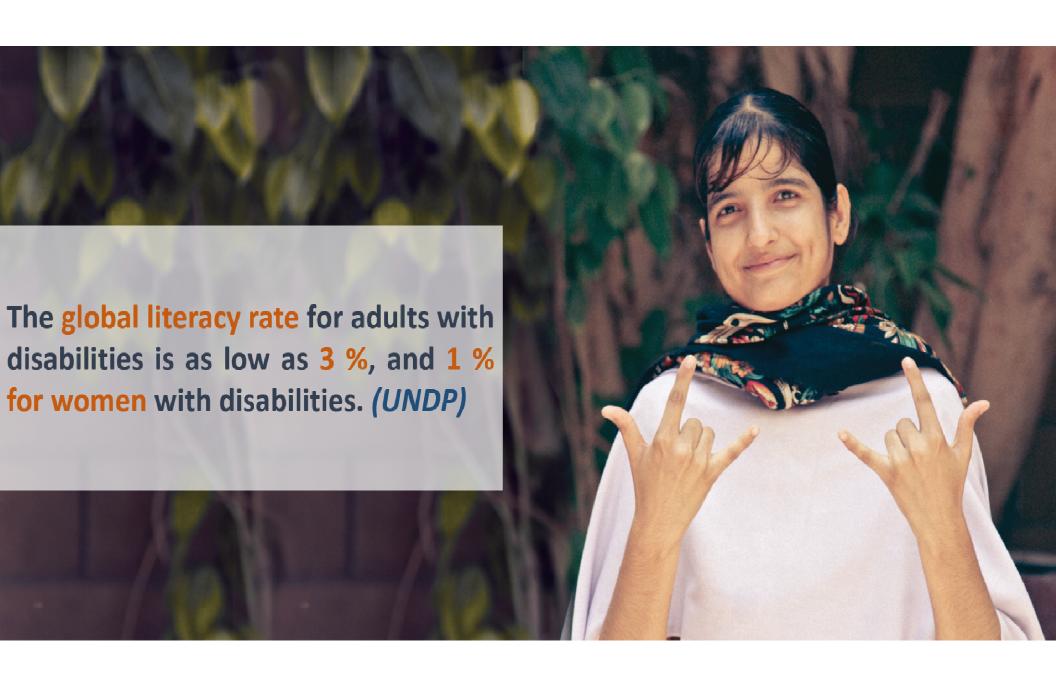
from sympathy to EIMPATHY

Disability Sensitization



A Part. Not Apart.





ACCESSIBILITY

Institutional Preparation

- Infrastructural
- Policy/ Procedural
- Attitudinal
- Equal Opportunity

PWDs Preparation

- Self Esteem
- Attitudinal
- Skills Education

*Moving from the margins: Mainstreaming persons with disabilities in Pakistan, British Council, 2014.

